

**BARVIKHA**  
HOTEL & SPA

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**AQUA & FITNESS ZONES**

min rub

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## FITNESS AND WELLNESS CENTRE

### Annual Membership Cards\*

#### Family Cards

Basic Family Card (2 adults + 2 children under 13 years old)	650 000
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#### Cardholder Privileges

Body Composition Diagnostics on the Inbody Device – 2

Hydropower Complex – 2

Lymphatic drainage massage - 2

Fitness Training for 2 persons – 2

Japanese detox module Iyashi Dome – 2

Solarium – 10 sessions for 5 min

Guest Visits – 2

15% Discount for all services, apart from SPA-programs

The card can be frozen in aggregate for 30 days,  
the minimum duration is 10 days.

\* When buying a semi-annual card, the cost will be 70% of the cost of an annual card.

# BARVIKHA HOTEL & SPA

	min	rub
<b>Individual Cards</b>		
Basic Individual Card		450 000
<b>Cardholder Privileges</b>		
Body Composition Diagnostics on the Inbody Device – 1		
Hydropower Complex – 1		
Lymphatic drainage massage – 1		
Personal Fitness Training – 1		
Japanese detox module Iyashi Dome – 1		
Solarium – 10 sessions for 5 min		
Guest Visits – 2		
15% Discount for all services, apart from SPA-programs		
The card can be frozen in aggregate for 30 days, the minimum duration is 10 days.		
<b>Single Visits*</b>		
One-Time Visit for an Adult		15 000
One-time visit for a child under 13		7 500
<b>Individual club card for a month</b>		65 000
<b>Family club card for a month</b>		85 000
<b>Children's card up to 13 years old for one year</b>		170 000
<b>Coach card for the year</b>		130 000

\* When the amount of the check for spa services is more than 25,000 rubles, access to the aqua and fitness zones is included in the price of services.  
\* When the amount of a check for spa services is more than 11,300 rubles, there is 50% discount for a guest visit.

	min	rub
<b>Personal Trainings*</b>		
Personal Training	55	6 000
Training for two persons	55	10 000
Pilates on studio equipment (Cadillac, Ladder Barrel)	55   85	7 000   10 500
Pilates on studio equipment for two (Cadillac, Ladder Barrel)	55	13 000
Functional training (stretch, healthy back, bodyweight work, barre, body ballet)	55   85	6 500   9 700
Functional training (stretch, healthy back, bodyweight work, barre, body ballet)	55	11 000
Myofascial release (rollers, lymphatic drainage, recovery after strength training)	55	6 500
Neurogymnastics	55	6 500
Rental of a Space for Pitales	55	7 000

## Solarium

Solarium	1	150
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\* When buying a training block – 10% discount. Discounts are not cumulative.



**BALNEOLOGY**

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	min	rub
Spa doctor's consultation (initial doctor's consultation, body composition diagnostics on the Inbody apparatus, individual selection of wellness procedures and SPA programs)	60	6 900
Spa doctor's consultation (doctor's consultation, body composition diagnostics on the Inbody apparatus, individual selection of wellness procedures and SPA programs)	30	5 000
Body Composition Analysis (Inbody Device)	20	4 000
Spa Doctor Consultation (access to procedures)	15	2 500

	min	rub
<b>Balneology</b>		
Japanese detox module Iyashidome – 1 session		8 000
Japanese detox module Iyashidome – 10 sessions		72 000
Thalasso Peeling (Fluid-Gommage Arctic/Fluid - Gommage with Gueranda salt)	30	6 400
Peeling La Sultane De Saba	30	6 900
Thalasso Bath with Dry Sea Water Mist / with Sea Crystals	20	4 900
Hydromassage bath with Spitzner elixirs	20	4 900
Underwater Shower-Massage	30	7 000
Charcot Shower	10	3 300
Fleury Shower	10	3 300
La Sultane De Saba Mud Wrap (total)	20	8 000
Thalasso mud wrap (total)	20	8 000
Mud wrap (with Saka mud)	20	8 000
Local Mud Application (*prescribed by the spa doctor)	20	3 500

## Additional ingredients in bath / wrap

Concentrate (oil) of sea magnesium “Thalasso”	500
“Body contour catalyst” whey with kelp extract	1 200
“Catalyst strengthening” serum	1 200
Elixir Spitzner	1 500

	min	rub
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<b>BALNEOLOGICAL PROGRAMS</b>		
<b>Thalasso Hydropower Complex</b>		
Spa doctor's consultation	15	
Thalasso bath with dry sea spray water /with sea crystals	20	
Thalasso total body wrap (Algoserum "Green tea"/ Algoserum "Remineralizing")	20	
Fleury Shower	10	
<hr/>		
<b>Price</b>	<b>65</b>	<b>16 200</b>
<hr/>		
<b>Hydropower Complex + La Sultane De Saba wrap</b>		
Spa doctor's consultation	15	
Bath with dry sea water spray / sea crystals	20	
Ayurveda wrap La Sultane De Saba	20	
Fleury Shower	10	
<hr/>		
<b>Price</b>	<b>65</b>	<b>16 200</b>

# BARVIKHA

HOTEL & SPA

	min	rub
<b>Thalasso Antistress Program</b>		
Spa doctor's consultation	15	
Thalasso Peeling (Fluid-Gommage Arctic/Fluid - Gommage with Gueranda salt)	30	
Thalasso bath with dry sea spray water /with sea crystals	20	
Thalasso total body wrap (Algoserum "Green tea"/ Algoserum "Remineralizing")	20	
Fleury Shower	10	
Moisturizing care (moisturizing body milk)	5	
<b>Price</b>	<b>100</b>	<b>20 500</b>
<b>Thalasso Detox Program</b>		
Spa doctor's consultation	15	
Thalasso Peeling (Fluid-Gommage Arctic/Fluid - Gommage with Gueranda salt)	30	
Underwater shower-massage with sprayed dry sea water /with sea crystals	30	
Thalasso total body wrap (Algoserum "Green tea"/ Algoserum "Remineralizing")	20	
Moisturizing care (moisturizing body milk)	5	
<b>Price</b>	<b>100</b>	<b>19 500</b>

	min	rub
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<b>Express Relax program</b>		
Spa doctor's consultation	15	
Thalasso bath with dry sea spray water /with sea crystals	20	
Body mask "Thalasso Magnesium" (total wrap)	20	
Moisturizing care (moisturizing body milk)	5	
<b>Price</b>	<b>60</b>	<b>12 000</b>
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<b>Spa Day Thalasso program</b>		
Spa doctor's consultation	15	
Thalasso Peeling (Fluid-Gommage Arctic/Fluid - Gommage with Gueranda salt)	30	
Thalasso bath with dry sea spray water /with sea crystals	20	
Thalasso total body wrap (Algoserum "Green tea"/ Algoserum "Remineralizing")	20	
Pressotherapy	45	
Moisturizing body milk	5	
Yokibi Intense Hydration Facial	85	
<b>Price</b>	<b>210</b>	<b>42 500</b>



**AROSHA WRAPS**

	min	rub
<b>AROSHA</b> is an innovative Italian brand with a unique approach to body shaping. AROSHA is the European leader in body shaping products sold worldwide. The AROSHA brand is characterized by traditionally high Italian quality, it is easy to use and solves the most difficult problems, the results of which are visible after a short period of use.		
<b>Key Benefits of Arosha Body Wrap:</b>		
<ul style="list-style-type: none"> <li>• no rinsing required;</li> <li>• high efficiency - proven results!</li> <li>• highly concentrated lipolytic and drainage formulations;</li> <li>• a comprehensive solution to the problem of edematous and fibrous cellulite (powerful drainage, inhibition of lipogenesis and activation of lipolysis, normalization of microcirculation, increase in skin turgor, tissue regeneration, lifting);</li> <li>• 100% painless, no discomfort during and after the procedure: isothermal effect;</li> <li>• ease of use and hygiene (bandages are impregnated with the composition in individual packaging);</li> <li>• combination with massages and hardware techniques is possible.</li> </ul>		
<b>Wrapping NIO DRAIN innovative program for the correction of edematous cellulite</b>	55	10 000
This is a powerful lymphatic drainage complex that helps remove excess fluid and waste products of metabolism from tissues. The relief of the skin is leveled, the tone is strengthened, puffiness and bruises are eliminated.		
<b>AROSHA FIBROCEL wrap against fibrous cellulite</b>	55	10 000
The main effect is based on lipolysis - the breakdown of body fat. The complex is a powerful fat burner, helps to cope with the "orange peel". Improves cellular metabolism, microcirculation and lymph outflow, thereby making the figure slimmer.		
<b>AROSHA ACTIVE UP body wrap</b>	55	10 000
A unique complex that activates cellular regeneration, the synthesis of collagen fibers and the removal of waste products of metabolism. After the procedure, the skin becomes more toned and elastic, moisturized and smooth. The program perfectly helps in the fight against stretch marks (stretch marks).		
<b>AROSHA DETOXY wrap</b>	55	10 000
The unique professional program is designed to carry out the most important stage in the therapy of cellulite - the removal of toxins from tissues and reduce the accumulation of metabolic products. After the procedure the processes of "self-purification" of cells are activated, as well as tissue oxygen saturation. The skin becomes smooth, radiant and ready for subsequent silhouette modeling procedures.		

# BARVIKHA

HOTEL & SPA

	min	rub
AROSHA NIO DRAIN press therapy wrap against edematous cellulite	55	13 000
AROSHA FIBROCEL pressotherapy wrap against fibrous cellulite	55	13 000
AROSHA ACTIVE UP press therapy wrap for silhouette shaping	55	13 000
AROSHA DETOXY press therapy wrap for silhouette shaping	55	13 000



**SPA PROGRAMS**

# BARVIKHA

HOTEL & SPA

	quantity	min	rub
<b>SPA Day program</b>			
Thalasso peeling	1	30	
Thalasso hydropower complex	1	55	
Body massage of your choice (toning, lymphatic drainage, relaxing)	1	85	
Alginate face mask	1	30	
Access to the aqua and fitness areas of the spa			
<b>Price</b>			40 500

## Detox Day Program

Soaring on a fir tree (the price includes: 3 visits of a bath attendant, cold and warm fonts, fir flooring (10 paws), fir head covering, herbal steaming in the steam room, bath tea, 2 types of honey)	1	120	
Bath peeling (honey-salt)	1		
Lymphatic drainage body massage	1	85	
Facial treatment with lymphatic drainage massage and alginate mask	1	55	
Access to the aqua and fitness areas of the spa	1		
<b>Price</b>			57 700 rubles per person, 97 400 rubles - for two

	quantity	min	rub
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Program for two “Mergence of Elements”			
Thalasso hydropower complex	2	55	
Relaxing body massage	2	55	
Facial treatment with lymphatic drainage massage	2	55	
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Price			76 500

**The program “Warrior’s Rest” for him**

Toning body massage	1	85	
Facial treatment with lymphatic drainage massage	1	55	
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Price			27 500



**MASSAGE**

	min	rub
<b>Massage</b>		
Foot and hand massage	30	7 000
Massage for pregnant women	30   55	7 000   11 300
Head massage	30	6 300
Toning massage	30   45   55   85   115	7 000   10 300   11 300   15 600   20 500
Relaxing massage	30   45   55   85   115	7 000   10 300   11 300   15 600   20 500
Lymphatic drainage massage	30   45   55   85   115	7 000   10 300   11 300   15 600   20 500
Sculpting massage	30   45   55   85   115	7 000   10 300   11 300   15 600   20 500
Sports massage	30   45   55   85   115	7 000   10 300   11 300   15 600   20 500
Supplement for in-room massage		2 000
Couple massage for two	55   85	24 600   33 200
Kinesiology taping		3 000



# ICOONE LASER

	min	rub
<b>ICOONE LASER</b> is an innovative device that combines three of the most modern technologies: ROBODERM, LED lifting and laser lipolysis. It is intended to treat various skin defects and has an effective effect on tissues in the subcutaneous layers.		
<b>ROBODERM</b> is the only technology in the world capable of producing multimicroalveolar stimulation through a series of microholes present on the surface of microstimulators located on icoone nozzles. The microstimulators rotate back and forth, producing precise, targeted non-invasive stimulation of the entire structure of the skin, even its smallest areas; device produces up to 21,600 microstimulations per minute. This helps combat visible skin imperfections such as cellulite, sagging, bumps and wrinkles.		
<b>LED lifting.</b> The use of laser and LED radiation allows you to achieve fast and focused results. LED lifting with a wavelength of 650 nm stimulates the production of collagen and elastin, improves microcirculation and promotes tissue healing.		
<b>Laser lipolysis</b> with a wavelength of 915 nm activates fat cells and helps to reduce cellulite, tones and thickens the skin of the body.		
<b>Effect of the Icoone Laser procedure:</b>		
<ul style="list-style-type: none"> <li>improvement of blood circulation in tissues;</li> <li>elimination of swelling;</li> <li>elimination of local fat deposits;</li> <li>skin rejuvenation and lifting;</li> <li>getting rid of cellulite;</li> <li>health improvement of the body, relaxation;</li> <li>improvement of skin condition after liposuction;</li> <li>support during and after pregnancy to reduce swelling and restore skin tone and elasticity.</li> </ul>		
<b>Contraindications:</b>		
<ul style="list-style-type: none"> <li>cancer;</li> <li>infectious diseases and chronic in the exacerbation stage;</li> <li>grade III varicose veins;</li> <li>thrombophlebitis.</li> </ul>		
Icoone Detox/Strong Immunity	40	9 900
Icoone Healthy Sleep	40	9 900
Icoone Male Power	40	9 000
Icoone Relax	40	9 000
Icoone Attack on cellulite	60	11 300
Icoone Slim Silhouette	60	11 300
Icoone Lymphatic drainage (face, neck, cleavage)	30	7 000
Icoone Makeover (face, neck, cleavage)	50	11 000
Suit for Icoone		1 500

	min	rub
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<b>Unique program “Dream Figure”</b>		
Icoone hardware massage	60	
Japanese detox - iyashidome module	40	
Arosha Bandage Wrap	40	
	140	26 400

## Course passes

10 treatments (suit for Icoone as a gift)	400	89 100
10 treatments (suit for Icoone as a gift)	600	101 700



## SAUNA PROCEDURES

# BARVIKHA

HOTEL & SPA

час

руб.

## Soaring on a fir

1 person | 1 attendant

2 hours

30 000

2 persons | 1 attendant

3 hours

40 000

The price includes: 3 visits of the attendant, cold and warm fonts, fir flooring (10 feet), fir head covering, herbal teas in the steam room, bath tea, 2 types of honey.

- Upon completion of procedures after 22:00, an extra charge of 15 000 is applied to the check

## Soaring “Royally”

1 person | 1 attendant

3 hours

45 000

1 person | 1 attendants

3 hours

55 000

2 persons | 2 attendants

4 hours

65 000

The price includes: 5 visits of the attendant, cold and warm fonts with herbal infusions, fir flooring (10 paws), fir covering the head, herbal infusions in the steam room, peeling, washing, soaring with juniper, bath tea, 2 types of honey.

- Upon completion of procedures after 22:00, an extra charge of 15 000 is applied to the check

\* To order a second attendant, advance booking is required

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# BARVIKHA

## HOTEL & SPA

	min	rub
<b>Additional services in the bath</b>		
Additional visit of the attendant to the steam room	15	4 900
Second bath attendant for the Fir Soaring program*		17 000
Herbal teas in the font	15	2 500
Soaring with juniper	15	3 500
Bath peeling (honey, salt)	30	3 500
Body shakes (lemon and grapefruit)	15	6 000
Washing in the bath		2 800
Cleopatra's font (milk, honey)		8 000

\* To order a second attendant, advance booking is required

Services included in the programs:	Soaring on a fir	Soaring "Royally"
Number of visits attendant	3	5
Herbal steaming in the steam room	+	+
Cold and warm tubs	+	+
Fir flooring (10 paws)	+	+
Fir head cover	+	+
Bath tea	+	+
2 types of honey	+	+
Soaring with juniper	—	+
Bath peeling (honey, salt)	—	+
Washing in the bath	—	+
Herbal teas in the font	—	+
Body shakes (lemon and grapefruit)	—	—
Cleopatra's font (milk, honey)	—	—



HAMMAM

	hour	rub
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The ritual immerses you in the unique atmosphere of the oriental hammam and reveals the unique secrets of beauty. Deep cleansing and hydration leaves skin smooth and radiant like silk. Natural products used for the ritual eliminate dryness and irritation. Ethnic notes of the ritual are transferred to an oriental fairy tale, give physical and psychological relaxation and incomparable pleasure.		

## Moroccan hammam care with LA SULTANE DE SABA cosmetics

### Ritual steps:

\* Water procedures

(optional: thermal hammam zone, Finnish sauna, jacuzzi, swimming pool)

\* Application of black soap with Eucalyptus and Argan oil to the body, followed by steaming in the hammam.

This stage is necessary for deep cleansing of the skin and preparation for body peeling.

\* Salt gommage: Green tea/ginger, Ayurvedic, Lulur (guest's choice)

Gommage is made on the basis of sea salt with the addition of vegetable, essential oils, perfectly cleanses, nourishes the skin, leaving a delicate aroma on it.

*Green tea/ginger.* The product consists of sea salt and vegetable oils. When applied to wet, steamed skin, the salt crystals dissolve, the hydrolipidic film is restored, and the skin becomes hydrated. Peeling salt frees the skin from dead cells, eliminates dullness and awakens the glow. By drawing water, circulation improves.

*Ayurvedic* with an intoxicating aroma of patchouli, amber and vanilla gently cleanses and exfoliates the skin, actively enhances capillary blood circulation. After applying Gommage, the skin becomes smooth, soft and luminous. Suitable for all skin types, including the most sensitive.

*Lulur* composed of powdered rice and coconut, this gommage gently cleanses the skin, making it soft and enveloping in the light scent of lotus flowers and frangipani. For centuries, gommage has been the traditional treatment for brides in Bali.

\* Mask-wrapping in Moroccan volcanic clay Rassul with Shea butter.

Rassul contains a huge amount of trace elements that have a therapeutic effect not only on the skin, but also on the body as a whole. This important step brings care to perfection. Wrapping allows the active ingredients of these products to work deep into the tissues, the skin of the body becomes soft and hydrated. Shea Butter deeply nourishes and restores tissue structure.

\* During the wrap, the specialist massages the scalp.

\* Application of gentle moisturizing body milk.

The final stage of care is the application of moisturizing milk to the body, enriched with valuable natural ingredients, natural plant extracts and essential oils.

\* Herbal tea and relaxation

Price	2 hours	20 000 rub
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	hour	rub
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## Imperial hammam on cosmetics LA SULTANE DE SABA

### Ritual steps:

- \* **Water procedures**  
(optional: thermal hammam zone, Finnish sauna, jacuzzi, swimming pool)
- \* **Warming up in the hammam.**  
The hot and humid steam of the hammam relaxes, opens the pores and prepares the skin for the next steps.  
There is a feeling of warmth and bliss.
- \* **Application of black soap with Eucalyptus and Argan oil to the body, followed by steaming in the hammam.**  
This stage is necessary for deep cleansing of the skin and preparation for body peeling.
- \* **Body peeling on a hot stone.**  
For peeling, an individual Kess disposable glove is used. Peeling very effectively and gently cleanses the skin of dead cells and increases its susceptibility to the beneficial properties of the products of subsequent stages.
- \* **Mask-wrapping in Moroccan volcanic clay Rassul with Shea butter.**  
Rassul contains a huge amount of trace elements that have a therapeutic effect not only on the skin, but also on the body as a whole. This important step brings care to perfection. Wrapping allows the active ingredients of these products to work deep into the tissues, the skin of the body becomes soft and hydrated. Shea Butter deeply nourishes and restores tissue structure.
- \* **During the wrap, the specialist massages the scalp.**
- \* **Application on the face of the mask “Ultra-soothing” with Aloe vera La Sultane De Saba.**  
The presence of juicy Aloe Vera in this light gel mask provides comfort and radiance to the skin, enhances its tone, provides an instant ultra-hydrating effect and protects the skin from dehydration.
- \* **Relaxing one-hour massage with warm aromatic body oil.**  
The stage of complete relaxation and rest of the whole body. The choice of one of the intoxicating oriental aromas of massage oil will be offered to you before the start of the ritual.
- \* **Application of gentle moisturizing body milk.**  
The final stage of care is the application of moisturizing milk to the body, enriched with valuable natural ingredients, natural plant extracts and essential oils.
- \* **Herbal tea and relaxation**

Price	3 hours	30 000 rub
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**AESTHETIC COSMETOLOGY**

	min	rub
<b>Aesthetic cosmetology</b>		
Face cleaning	60   90	10 400   15 000
Facial cleansing (addition to facial treatment)	30	6 000
Facial massage	30	7 500
Alginat mask (make-up remover, mask, toning, cream)	30	6 500
Collagen mask	30	5 500
Carboxy mask	30	7 700
Author's massage (Buccal)	60   90	14 000   16 000
Facial treatment with lymphatic drainage massage	55	15 000
Caring for the skin around the eyes	30	8 400

	min	rub
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<b>La-Cerarl Facial Skin Treatments (Japan)</b>		
“Snow-White Skin” Treatment with Pigmentation Removal Effect	55	15 500
Treatment with Hydrogen Mask	85	21 000
Express “Intensive Moisture” Treatment	30	13 000
 <b>Yokibi Facial Skin Treatments (Japan)</b>		
“Intensive nutrition and recovery” Treatment	85	20 000
“Intensive moisturizing and smoothing complexion” Treatment	85	20 000
 <b>QMS Facial Skin Treatments (Germany)</b>		
Care “Cellular renewal”	85	21 000
Express care “Perfection with gouache massage”	30	13 000
Express care “Lifting and modeling of facial contours”	30	13 000
 <b>Dr Burgener Facial Skin Treatments (Switzerland)</b>		
Luxury face lift with valuable collagen	85	25 000
Intensive restorative luxury care for a face with precious green caviar extract	85	21 000

	min	rub
<b>Therapy PRX-T33</b>		
Therapy PRX-T33 (face)	30	11 000
Therapy PRX-T33 (face, neck)	35	16 500
Therapy PRX-T33 (face, neck, decollete)	30	23 100

## Aesthetic Procedures with ULTRACEUTICALS Products

Procedure "Peeling with lactic acid 30%" (face)	30	9 000
Procedure "Peeling with lactic acid 30%" hands	30	9 000
Procedure "Peeling with lactic acid 30%" (face, neck)	30	11 000
Procedure "Almond peeling 40%" (face)	30	9 000
Procedure "Ultracleaning"	90	11 000

	min	rub
<b>Epilation on Australian wax LYCON</b>		
Face	30	4 000
Full legs	40	6 900
Shins	30	4 100
Hips	30	4 100
Bikini classic	30	5 200
Bikini Hollywood (deep)	60	6 900
Armpit area	15	2 900
Full hands	30	4 600
Arms to elbow	15	2 900
Back (men)	60	9 000
Lips	5	1 200
Chin	5	1 200



**MACHINE COSMETOLOGY**

	min	rub
<b>Hydrafacial Care Procedures</b>		
Deep cleansing and rejuvenation (face, neck, cleavage)	55	16 000
Treatment of problem skin	55	16 000
“Red carpet” (serum to choose from)	85	20 000
Healthy skin of the hands (shoulders or hands)	30	12 000
Back/half back	60   30	22 000   12 000
Express care*	25	6 000

## Intraceuticals Oxygen Treatment

Rejuvenate Essential Care	60	15 400
Opulence Essential Care	60	15 400
Antioxidant Rejuvenation	60	15 400
Peptide Rejuvenation	60	15 400
Retinol Rejuvenation	60	15 400
Vitamin Rejuvenation	60	15 400
Clarity Sensitive Essential Care	60	15 400
Atoxelene Daily Serum (in Addition to any Treatment)		5 500

\*only as a supplement to any exit procedure

	min	rub
<b>Skin Master Plus Ultrasonic Treatment</b>		
Ultrasonic Facial Peel	30	5 800
Moisture Facial Treatment	30	5 800
Microcurrent Facial Treatment	30	5 800
Skin Pigmentation Treatment	20	2 300
Therapeutic Laser	3	1 700
Skin Master Plus Total Facial Care	80	12 600
Moisture Serum (in Addition to any Treatment)	1 pc	2 900

## Bio-Ultimate Gold Microcurrent Treatment

Bio-Ultimate Gold Microcurrent Treatment (face)	30	9 200
Bio-Ultimate Gold Microcurrent Treatment (turbolifting)	60	11 500
Bio-Ultimate Gold Microcurrent Treatment with collagen mask	40	10 300
Biomechanical facial stimulation	30   60   90	8 000   13 200   15 400
Biomechanical facial stimulation with Intraceuticals care	60	23 000

## Photomodulation of the face and decollete area on the LED device

Darsonval	3-5	2 000
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	min	rub
<b>Fractional needle thermolysis on the device Infini</b>		
The procedure is carried out all year round, regardless of the time of year and temperature.		
Face		28 700
Face, neck		39 000
Face, neck, decollete		52 900
Neck		19 500
Decollete		23 000
Body areas		
up to 1 000 steps		20 700
up to 1 500 steps		29 900
up to 2 000 steps		37 900
up to 3 000 steps		48 300
up to 4 000 steps		52 900
local zone 5 x 5 cm		3 450
local zone 10 x 10 cm		6 900
The back of the neck or scalp		23 000
Treatment head		6 900

# BARVIKHA HOTEL & SPA

	min	rub
<h2>Radiofrequency Lifting and Lipolysis with Exilis 360</h2>		
Body Lifting (1 zone)	8 800	
Body Lipolysis (1 zone)	13 200	
Face (1/3) or Neck Lifting	8 800	
Face Lifting	22 000	
Face, Neck, Decollete Lifting	30 800	
Neck, Decollete Lifting	15 400	
<h2>Body Modeling with Emsculpt</h2>		
1 zone	25 000	
1 zone (course of 4 procedures)	90 000	
<h2>Skin Texture Correction with X-Wave</h2>		
7 000 pulses	6 000	
<h2>Pressotherapy</h2>	30   45	5 000   7 500

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	min	rub
<b>Sharm Biomechanical stimulation</b>		
Face Biomechanical stimulation	30	7 700
Face Biomechanical stimulation	60	13 200
Face Biomechanical stimulation	90	15 400



**MEDICAL COSMETOLOGY**

# BARVIKHA

HOTEL & SPA

	min	rub
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<b>Contour Plastic</b>		
Juvederm Ultra 3		40 000
Juvederm Ultra 4		42 000
Juvederm Volift		35 000
Juvederm Ultra Smile		30 000
Art filler Fine lines		30 000
Art filler Universal		36 000
Art filler Volume		41 000
Art filler Lips		36 000
Belotero Soft		25 000
<b>Botulinum Toxins</b>		
Dysport 1 unit		350
Hyperhidrosis (Dysport 300 units)		45 000
Mesobox (biorevitalizant + Dysport 60 units)		35 000
<b>Biorevitalizants</b>		
NCTF 135 HA 3 ml		20 000
Meso Wharton, Meso Xanthin, Princess Rich		32 000
Novakutan Sbio		25 000
Profhilo		40 000
<b>Collagen stimulators</b>		
Spherogel Light eyelids		18 000

# BARVIKHA

HOTEL & SPA

	min	rub
<b>Polylactic acid</b>		
AestheFill		50 000
NRG 200mg face, neck		45 000
Bmatrix 3ml face + eyelids		20 000
Bmatrix eyelids 1ml		10 000
<b>Face modeling</b>		
Radiesse 3.0ml		60 000
Radiesse 1.5ml		40 000
<b>Lipopolitics</b>		
MesoSculpt C71		28 000
<b>Mesotherapy</b>		
hair loss (Hair X Hydro Line) 2 ml		10 000
acne treatment HairX 2ml		10 000
acne treatment HydroLine 2ml		10 000
<b>Immunotherapy</b>		
Melsmon 1 ampoule		9 600
Melsmon 2 ampoules		17 280
Melsmon course 2 ampoules × 10 procedures		155 520
<b>Plasma therapy</b>		
PRP Regenlab yellow tubes		30 000
PRP Regenlab red tubes		23 400
PRP Regenlab blue tubes		23 400

# BARVIKHA

HOTEL & SPA

	min	rub
Local anesthesia		1 500
Injection anesthesia		1 500
Conduction anesthesia		1 500
Treatment for hypercorrection with hyaluronic acid		1 000
Cannula (1 pc.)		1 000

	min	rub
<b>Fractional Skin Rejuvenation (Pixel 2940)</b>		
Face	60	38 200
Neck	60	23 100
Decollete	60	25 700
Face, Neck and Decollete (complex)	150	64 600
Mouth Area	50	11 300
Eye Contour Area	50	11 300
Forehead	50	11 300
Middle and Lower Face	80	18 400
Hands	60	18 400
Stretch Mark Removal (1 session). One Zone Area is up to 10x1,5 mm	30	4 600
Scar Removal (1 session). One Zone Area is up to 5x1,5 mm	30	4 600
Problem Areas 10x10 mm	30	18 400

	min	rub
<b>Vascular and Skin Pigmentation Disorders Treatment (VP AFT 540 Module)</b>		
Face	30	18 100
Forehead	10	7 700
Middle and Lower Face	20	14 300
Neck	15	12 900
Decollete	20	13 200
Face and Neck	30	22 000
Face, Neck and Decollete (complex)	40	31 900
Hands	10	16 500
Shoulder	15	20 350
Forearm	15	20 350

	min	rub
<b>“2-in-1” Procedure: Vascular and Skin Pigmentation Disorders Treatment (VP AFT 540) Module and Fractional Skin Rejuvenation (Pixel 2 940 Module)</b>		
Face	90	34 600
Neck	60	19 500
Decollete	60	22 000
Face and Neck	120	42 900
Face, Neck and Decollete (complex)	150	60 500
Lower Face	60	12 600
Middle and Lower Face	75	23 600
Hands	50	24 700
Shoulder	40	35 200
Inner Thigh	90	60 500
Other Body Parts (One Zone is up to 1 cm <sup>2</sup> )	-	2 500

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	min	rub
<b>Dilated Capillaries and Vessels Welding (1O64 Module)</b>		
Body Parts (one zone is up to 1 cm <sup>2</sup> )	-	4 900
Nose	10	8 300
Cheek-Bones	15	12 000
Forehead	15	12 000
Decollete	20	12 600

	min	rub
<b>Alma Lasers Soprano Hair Removal Laser</b>		
Face		9 900
Cheekbones		5 900
Upper lip		3 600
Chin		3 600
Auricles		3 600
Temple area		2 400
Lower third of the face		7 300
Neck		6 800
Collar zone		9 900
Neckline (women)		7 400
Back (female)		18 500
Back partially (male)		27 700
Full back (male)		47 500
Chest (male)		11 800
Midline of the abdomen		4 300
Belly (female)		11 100

# BARVIKHA

HOTEL & SPA

	min	rub
Bikini line (women)		9 900
Deep bikini		15 000
Inguinal zone (men's classic bikini)		9 900
Buttock area		14 700
Inner thighs		8 500
Hips		22 100
Shins		19 600
Legs (thighs, shins)		34 300
Foot lift		2 400
Toes		2 400
Fingers		2 400
Hands		4 800
Arms from hands to elbow (female)		10 800
Arms from hands to elbow (male)		14 700
Shoulders		10 800
Arms (hand, forearm, shoulder) (female)		19 600
Arms (hand, forearm, shoulder) (male)		23 500
Armpits		8 500

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**HAIRDRESSING SERVICES,  
MAKEUP, BROWS**

	min	rub
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<b>Hairdressing Services</b>		
Haircut Correction	4 000   4 600   5 300	
Ladies' Haircut (Hair Styling Included)	8 100   9 800   11 500	
Gentlemen's Haircut (Hair Styling Included)	8 100	
Blow-Drying	2 700	
Trim	4 100	
Children's Haircut (under 7 years old)	3 100   3 900   4 100	
Fringe Correction	1 700	
Ladies' Blow Dry	7 100   7 600   8 100	
Gentlemen's Blow Dry	4 600	
Children's Blow Dry (under 7 years old)	2 500	
Evening Blow Dry	11 400   13 600   16 000	
Complex Blow-Dry	8 700   10 400   12 100	
Beard, Moustache Correction	2 900	
Braiding	5 800	
Hair Wash	2 100	

	min	rub
<b>Hair Dying</b>		short   medium   long hair
Coloring (tone on tone)	11 500	12 000   13 400
Coloring (complex)	12 500	14 100   15 700
Coloring (roots)	9 400	10 600   11 800
Toning	10 100	11 300   12 800
Highlighting	10 600	12 100   13 600
Decapitation (color removal)	4 000	4 600   5 500
Preparing for coloring	5 400	5 700   6 300
<b>Hair Treatment</b>		
ORIBE Treatment "Gold Lust"	8 100	9 100   9 600
Sarina Key Treatment	9 500	10 000   10 500
La Biosthetique Treatment "Hydration and Nutrition"	9 500	10 000   10 500
Oil wrap La Biosthetique	9 500	10 000   10 500
Peeling "Health of the scalp"	15	3 400
Ampoules La Biosthetique based on silk		3 600
Ampoule for hair strengthening La Biosthetique		3 600
Ampoule of Ales Kydra		3 200
Kydra Jelly Gloss Gloss Gel "Blex & Care"		2 500

	min	rub
<b>Makeup</b>		
Makeup Express/Natural/Natural/Light		6 000
Day makeup		8 000
Evening make-up		11 500
Wedding make-up		22 000
Eyelashes for makeup (bundles)		2 500
Applying Air-Brush Foundation		3 800
Makeup master class (2 hours)		20 000

## Eyebrows and eyelashes

Eyebrow correction (tweezers /thread)	20	3 300
Eyebrow coloring (dye /henna)	20	2 500   3 300
Eyelash coloring (dye / henna)	20	2 700   3500
Eyebrow lamination	40	8 000
Removing eyelash extensions	20	2 300
Eyelash lamination	60	9 500
Eyelash extension	120	10 000
Eyelash extension correction	60	5 000



**MANICURE AND PEDICURE**

	min	rub	
		Specialist	Senior Specialist
Manicure Lux	60	5 000	6 500
La Ric Pearl Manicure with Pearl Extract	90	—	7 500
La Ric Luxury Manicure	90	8 000	9 000
Jessica Nail Polish	15	1 500	1 800
French Nail Polish	25	2 000	3 000
Londontown Nail Polish	15	2 000	2 300
Medical Nail Polish	10	1 500	1 500
Gentlemen's Manicure	60	5 000	6 500
La Ric Homme Manicure	90	8 000	9 000
La Ric Homme Manicure «Louis XIII»	90	—	18 500
La Ric Hand Spa Treatment (Aroma Bath, Scrub, Mask, Liquid Glove)	40	4 000	4 500

# BARVIKHA

## HOTEL & SPA

	min	rub	
		Specialist	Senior Specialist
Nail Buffing	10	1 000	1 200
Nail Shaping	15	1 500	2 000
Gel Polish	30	2 900	—
French Gel Polish	30	3 800	—
Removal	20	1 200	—
Polygel Gel Nail Restoration (1 item)	30	1 500	—
Glue Nail Repair (1 item)	10	—	1 500
Nail Plate Strengthening (gel)	30	2 500	—
Nail Design (1 nail)	10	1 500	—
Nail extensions (gel/Polygel)	15	13 000	—

		min		rub
<b>Foot Care</b>				
			Specialist	Senior Specialist
Pedicure Lux	90	7 300		10 000
Smart pedicure	90	8 300		—
Smart 2.0 pedicure	90	10 000		—
Luxury spa Smarticure	90	12 000		—
Medical Pedicure (treatment of hyperkeratosis or ingrown nail removal)	120	12 000		14 500
La Ric Pearl Pedicure with Pearl Extract	90	—		11 000
La Ric Luxury Pedicure	90	10 000		12 000
La Ric Homme Pedicure	90	10 000		13 000
La Ric Homme Pedicure «Louis XIII»	90	—		25 000
Foot Spa Treatment La Ric (Aroma Bath, Scrub, Mask and Liquid Glove)	40	4 000		5 000
Ingrown Nail Removal		1 500		2 000
Titanium Thread	20	4 000		—
Fraiser wire	90	8 500		—

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All prices are quoted in Rubles, including VAT 20%.