

**BARVIKHA**  
HOTEL & SPA

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**AQUA & FITNESS ZONES**

min rub

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## FITNESS AND WELLNESS CENTRE

### Annual Membership Cards\*

#### Family Cards

Basic Family Card (2 adults + 2 children under 13 years old)	700 000
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#### Cardholder Privileges

Body Composition Diagnostics on the Inbody Device – 2

Hydropower Complex – 2

Lymphatic drainage massage - 2

Fitness Training for 2 persons – 2

Japanese detox module Iyashi Dome – 2

Solarium – 10 sessions for 5 min

Guest Visits – 2

15% Discount for all services, apart from SPA-programs

The card can be frozen in aggregate for 30 days,  
the minimum duration is 10 days.

\* When buying a semi-annual card, the cost will be 70% of the cost of an annual card.

# BARVIKHA HOTEL & SPA

	min	rub
<b>Individual Cards</b>		
Basic Individual Card		500 000
<b>Cardholder Privileges</b>		
Body Composition Diagnostics on the Inbody Device – 1		
Hydropower Complex – 1		
Lymphatic drainage massage – 1		
Personal Fitness Training – 1		
Japanese detox module Iyashi Dome – 1		
Solarium – 10 sessions for 5 min		
Guest Visits – 2		
15% Discount for all services, apart from SPA-programs		
The card can be frozen in aggregate for 30 days, the minimum duration is 10 days.		
<b>Single Visits*</b>		
One-Time Visit for an Adult		16 000
One-time visit for a child under 13		8 000
<b>Individual club card for a month</b>		70 000
<b>Family club card for a month</b>		90 000
<b>Children's card up to 13 years old for one year</b>		175 000
<b>Coach card for the year</b>		135 000

\* When the amount of the check for spa services is more than 25,000 rubles, access to the aqua and fitness zones is included in the price of services.

\* When the amount of a check for spa services is more than 12,300 rubles, there is 50% discount for a guest visit.

	min	rub
<b>Personal Trainings*</b>		
Personal Training	55	6 500
Training for two persons	55	11 000
Pilates on studio equipment (Cadillac, Ladder Barrel)	55   85	7 000   10 500
Pilates on studio equipment for two (Cadillac, Ladder Barrel)	55	13 000
Functional training (stretch, healthy back, bodyweight work, barre, body ballet)	55   85	6 500   9 700
Functional training (stretch, healthy back, bodyweight work, barre, body ballet)	55	11 000
Myofascial release (rollers, lymphatic drainage, recovery after strength training)	55	6 500
Neurogymnastics	55	6 500
Rental of a Space for Pitales	55	8 000

## Solarium

Solarium	1	250
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\* When buying a training block – 10% discount. Discounts are not cumulative.



**BALNEOLOGY**

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	min	rub
Spa doctor's consultation (initial doctor's consultation, body composition diagnostics on the Inbody apparatus, individual selection of wellness procedures and SPA programs)	60	6 900
Spa doctor's consultation (doctor's consultation, body composition diagnostics on the Inbody apparatus, individual selection of wellness procedures and SPA programs)	30	5 000
Body Composition Analysis (Inbody Device)	20	4 000
Spa Doctor Consultation (access to procedures)	15	2 500

	min	rub
<b>Balneology</b>		
Japanese detox module Iyashidome – 1 session	30	9 000
Japanese detox module Iyashidome – 10 sessions		81 000
Thalasso Peeling (Fluid-Gommage Arctic/Fluid - Gommage with Gueranda salt)	30	7 400
Peeling La Sultane De Saba	30	7 900
Thalasso Bath with Dry Sea Water Mist / with Sea Crystals	20	5 700
Hydromassage bath with Spitzner elixirs	20	5 700
Underwater Shower-Massage	30	7 700
Charcot Shower	10	3 800
Fleury Shower	10	3 800
La Sultane De Saba Mud Wrap (total)	20	9 200
Thalasso mud wrap (total)	20	9 200
Mud wrap (with Saka mud)	20	8 000
Local Mud Application (*prescribed by the spa doctor)	20	4 000

## Additional ingredients in bath / wrap

Concentrate (oil) of sea magnesium “Thalasso”	600
“Body contour catalyst” whey with kelp extract	1 300
“Catalyst strengthening” serum	1 300
Elixir Spitzner	1 600

	min	rub
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<b>BALNEOLOGICAL PROGRAMS</b>		
<b>Thalasso Hydropower Complex</b>		
Spa doctor's consultation	15	
Thalasso bath with dry sea spray water /with sea crystals	20	
Thalasso total body wrap (Algoserum "Green tea"/ Algoserum "Remineralizing")	20	
Fleury Shower	10	
<hr/>		
Price	65	18 700
<b>Hydropower Complex + La Sultane De Saba wrap</b>		
Spa doctor's consultation	15	
Bath with dry sea water spray / sea crystals	20	
Ayurveda wrap La Sultane De Saba	20	
Fleury Shower	10	
<hr/>		
Price	65	18 700

# BARVIKHA

## HOTEL & SPA

	min	rub
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<b>Thalasso Antistress Program</b>		
Spa doctor's consultation	15	
Thalasso Peeling (Fluid-Gommage Arctic/Fluid - Gommage with Gueranda salt)	30	
Thalasso bath with dry sea spray water /with sea crystals	20	
Thalasso total body wrap (Algoserum "Green tea"/ Algoserum "Remineralizing")	20	
Fleury Shower	10	
Moisturizing care (moisturizing body milk)	5	
<hr/>		
Price	100	26 400
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<b>Thalasso Detox Program</b>		
Spa doctor's consultation	15	
Thalasso Peeling (Fluid-Gommage Arctic/Fluid - Gommage with Gueranda salt)	30	
Underwater shower-massage with sprayed dry sea water /with sea crystals	30	
Thalasso total body wrap (Algoserum "Green tea"/ Algoserum "Remineralizing")	20	
Moisturizing care (moisturizing body milk)	5	
<hr/>		
Price	100	24 600

	min	rub
<hr/>		
<b>Express Relax program</b>		
Spa doctor's consultation	15	
Thalasso bath with dry sea spray water /with sea crystals	20	
Body mask "Thalasso Magnesium" (total wrap)	20	
Moisturizing care (moisturizing body milk)	5	
<hr/>		
<b>Price</b>	<b>60</b>	<b>15 200</b>
<hr/>		
<b>Spa Day Thalasso program</b>		
Spa doctor's consultation	15	
Thalasso Peeling (Fluid-Gommage Arctic/Fluid - Gommage with Gueranda salt)	30	
Thalasso bath with dry sea spray water /with sea crystals	20	
Thalasso total body wrap (Algoserum "Green tea"/ Algoserum "Remineralizing")	20	
Pressotherapy	45	
Moisturizing body milk	5	
Yokibi Intense Hydration Facial	85	
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<b>Price</b>	<b>210</b>	<b>47 800</b>



**AROSHA WRAPS**

	min	rub
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AROSHA is an innovative Italian brand with a unique approach to body shaping.

AROSHA is the European leader in body shaping products sold worldwide.

The AROSHA brand is characterized by traditionally high Italian quality, it is easy to use and solves the most difficult problems, the results of which are visible after a short period of use.

### Key Benefits of Arosha Body Wrap:

- no rinsing required;
- high efficiency - proven results!
- highly concentrated lipolytic and drainage formulations;
- a comprehensive solution to the problem of edematous and fibrous cellulite (powerful drainage, inhibition of lipogenesis and activation of lipolysis, normalization of microcirculation, increase in skin turgor, tissue regeneration, lifting);
- 100% painless, no discomfort during and after the procedure: isothermal effect;
- ease of use and hygiene (bandages are impregnated with the composition in individual packaging);
- combination with massages and hardware techniques is possible.

### Wrapping NIO DRAIN innovative program for the correction of edematous cellulite

55

10 500

This is a powerful lymphatic drainage complex that helps remove excess fluid and waste products of metabolism from tissues. The relief of the skin is leveled, the tone is strengthened, puffiness and bruises are eliminated.

### AROSHA FIBROCEL wrap against fibrous cellulite

55

10 500

The main effect is based on lipolysis - the breakdown of body fat. The complex is a powerful fat burner, helps to cope with the "orange peel". Improves cellular metabolism, microcirculation and lymph outflow, thereby making the figure slimmer.

### AROSHA ACTIVE UP body wrap

55

10 500

A unique complex that activates cellular regeneration, the synthesis of collagen fibers and the removal of waste products of metabolism. After the procedure, the skin becomes more toned and elastic, moisturized and smooth. The program perfectly helps in the fight against stretch marks (stretch marks).

### AROSHA DETOXY wrap

55

10 500

The unique professional program is designed to carry out the most important stage in the therapy of cellulite - the removal of toxins from tissues and reduce the accumulation of metabolic products. After the procedure the processes of "self-purification" of cells are activated, as well as tissue oxygen saturation. The skin becomes smooth, radiant and ready for subsequent silhouette modeling procedures.

# BARVIKHA

HOTEL & SPA

	min	rub
AROSHA NIO DRAIN press therapy wrap against edematous cellulite	55	14 000
AROSHA FIBROCEL pressotherapy wrap against fibrous cellulite	55	14 000
AROSHA ACTIVE UP press therapy wrap for silhouette shaping	55	14 000
AROSHA DETOXY press therapy wrap for silhouette shaping	55	14 000



**SPA PROGRAMS**

# BARVIKHA

HOTEL & SPA

	quantity	min	rub
<hr/>			
<b>SPA Day program</b>			
Thalasso peeling	1	30	
Thalasso hydropower complex	1	55	
Body massage of your choice (toning, lymphatic drainage, relaxing)	1	85	
Alginate face mask	1	30	
Access to the aqua and fitness areas of the spa			
<b>Price</b>			45 100

## Detox Day Program

Soaring on a fir tree (the price includes: 3 visits of a bath attendant, cold and warm fonts, fir flooring (10 paws), fir head covering, herbal steaming in the steam room, bath tea, 2 types of honey)	1	120	
Bath peeling (honey-salt)	1		
Lymphatic drainage body massage	1	85	
Facial treatment with lymphatic drainage massage and alginate mask	1	55	
Access to the aqua and fitness areas of the spa	1		
<b>Price</b>			65 300 rubles per person, 108 200 rubles - for two

	quantity	min	rub
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Program for two “Mergence of Elements”			
Thalasso hydropower complex	2	55	
Relaxing body massage	2	55	
Facial treatment with lymphatic drainage massage	2	55	
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Price			86 700

**The program “Warrior’s Rest” for him**

Toning body massage	1	85	
Facial treatment with lymphatic drainage massage	1	55	
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Price			30 400



**MASSAGE**

	min	rub
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<b>Massage</b>		
Foot and hand massage	30	8 000
Massage for pregnant women	30   55	8 000   12 300
Head massage	30	7 300
Toning massage	30   45   55   85   115	8 000   11 300   12 300   16 600   21 500
Relaxing massage	30   45   55   85   115	8 000   11 300   12 300   16 600   21 500
Lymphatic drainage massage	30   45   55   85   115	8 000   11 300   12 300   16 600   21 500
Sculpting massage	30   45   55   85   115	8 000   11 300   12 300   16 600   21 500
Sports massage	30   45   55   85   115	8 000   11 300   12 300   16 600   21 500
Supplement for in-room massage		2 000
Couple massage for two	55   85	26 600   35 200
Kinesiology taping		3 000



# ICOONE LASER

	min	rub
<b>ICOONE LASER</b> is an innovative device that combines three of the most modern technologies: ROBODERM, LED lifting and laser lipolysis. It is intended to treat various skin defects and has an effective effect on tissues in the subcutaneous layers.		
<b>ROBODERM</b> is the only technology in the world capable of producing multimicroalveolar stimulation through a series of microholes present on the surface of microstimulators located on icoone nozzles. The microstimulators rotate back and forth, producing precise, targeted non-invasive stimulation of the entire structure of the skin, even its smallest areas; device produces up to 21,600 microstimulations per minute. This helps combat visible skin imperfections such as cellulite, sagging, bumps and wrinkles.		
<b>LED lifting.</b> The use of laser and LED radiation allows you to achieve fast and focused results. LED lifting with a wavelength of 650 nm stimulates the production of collagen and elastin, improves microcirculation and promotes tissue healing.		
<b>Laser lipolysis</b> with a wavelength of 915 nm activates fat cells and helps to reduce cellulite, tones and thickens the skin of the body.		
<b>Effect of the Icoone Laser procedure:</b>		
<ul style="list-style-type: none"> <li>improvement of blood circulation in tissues;</li> <li>elimination of swelling;</li> <li>elimination of local fat deposits;</li> <li>skin rejuvenation and lifting;</li> <li>getting rid of cellulite;</li> <li>health improvement of the body, relaxation;</li> <li>improvement of skin condition after liposuction;</li> <li>support during and after pregnancy to reduce swelling and restore skin tone and elasticity.</li> </ul>		
<b>Contraindications:</b>		
<ul style="list-style-type: none"> <li>cancer;</li> <li>infectious diseases and chronic in the exacerbation stage;</li> <li>grade III varicose veins;</li> <li>thrombophlebitis.</li> </ul>		
Icoone Detox/Strong Immunity	40	10 300
Icoone Healthy Sleep	40	10 300
Icoone Male Power	40	10 300
Icoone Relax	40	10 300
Icoone Attack on cellulite	60	11 800
Icoone Slim Silhouette	60	11 800
Icoone Lymphatic drainage (face, neck, cleavage)	30	8 000
Icoone Makeover (face, neck, cleavage)	50	11 500
Suit for Icoone		1 600

	min	rub
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<b>Unique program “Dream Figure”</b>		
Icoone hardware massage	60	
Japanese detox - iyashidome module	30	
Arosha Bandage Wrap	40	
	140	28 100

## Course passes

10 treatments (suit for Icoone as a gift)	400	92 700
10 treatments (suit for Icoone as a gift)	600	106 200



## SAUNA PROCEDURES

# BARVIKHA

HOTEL & SPA

час

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## Soaring on a fir

1 person | 1 attendant

2 hours

35 000

2 persons | 1 attendant

3 hours

45 000

The price includes: 3 visits of the attendant, cold and warm fonts, fir flooring (10 feet), fir head covering, herbal teas in the steam room, bath tea, 2 types of honey.

- Upon completion of procedures after 22:00, an extra charge of 15 000 is applied to the check

## Soaring “Royally”

1 person | 1 attendant

3 hours

50 000

1 person | 1 attendants

3 hours

60 000

2 persons | 2 attendants

4 hours

70 000

The price includes: 5 visits of the attendant, cold and warm fonts with herbal infusions, fir flooring (10 paws), fir covering the head, herbal infusions in the steam room, peeling, washing, soaring with juniper, bath tea, 2 types of honey.

- Upon completion of procedures after 22:00, an extra charge of 15 000 is applied to the check

\* To order a second attendant, advance booking is required

# BARVIKHA

## HOTEL & SPA

	min	rub
<b>Additional services in the bath</b>		
Additional visit of the attendant to the steam room	15	5 600
Second bath attendant for the Fir Soaring program*		18 000
Herbal teas in the font	15	2 800
Soaring with juniper	15	3 800
Bath peeling (honey, salt)	30	3 800
Body shakes (lemon and grapefruit)	15	7 000
Washing in the bath		3 100
Cleopatra's font (milk, honey)		9 000

\* To order a second attendant, advance booking is required

Services included in the programs:	Soaring on a fir	Soaring "Royally"
Number of visits attendant	3	5
Herbal steaming in the steam room	+	+
Cold and warm tubs	+	+
Fir flooring (10 paws)	+	+
Fir head cover	+	+
Bath tea	+	+
2 types of honey	+	+
Soaring with juniper	—	+
Bath peeling (honey, salt)	—	+
Washing in the bath	—	+
Herbal teas in the font	—	+
Body shakes (lemon and grapefruit)	—	—
Cleopatra's font (milk, honey)	—	—



HAMMAM

	hour	rub
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The ritual immerses you in the unique atmosphere of the oriental hammam and reveals the unique secrets of beauty. Deep cleansing and hydration leaves skin smooth and radiant like silk. Natural products used for the ritual eliminate dryness and irritation. Ethnic notes of the ritual are transferred to an oriental fairy tale, give physical and psychological relaxation and incomparable pleasure.		

## Moroccan hammam care with LA SULTANE DE SABA cosmetics

### Ritual steps:

\* Water procedures

(optional: thermal hammam zone, Finnish sauna, jacuzzi, swimming pool)

\* Application of black soap with Eucalyptus and Argan oil to the body, followed by steaming in the hammam.

This stage is necessary for deep cleansing of the skin and preparation for body peeling.

\* Salt gommage: Green tea/ginger, Ayurvedic, Lulur (guest's choice)

Gommage is made on the basis of sea salt with the addition of vegetable, essential oils, perfectly cleanses, nourishes the skin, leaving a delicate aroma on it.

*Green tea/ginger.* The product consists of sea salt and vegetable oils. When applied to wet, steamed skin, the salt crystals dissolve, the hydrolipidic film is restored, and the skin becomes hydrated. Peeling salt frees the skin from dead cells, eliminates dullness and awakens the glow. By drawing water, circulation improves.

*Ayurvedic* with an intoxicating aroma of patchouli, amber and vanilla gently cleanses and exfoliates the skin, actively enhances capillary blood circulation. After applying Gommage, the skin becomes smooth, soft and luminous. Suitable for all skin types, including the most sensitive.

*Lulur* composed of powdered rice and coconut, this gommage gently cleanses the skin, making it soft and enveloping in the light scent of lotus flowers and frangipani. For centuries, gommage has been the traditional treatment for brides in Bali.

\* Mask-wrapping in Moroccan volcanic clay Rassul with Shea butter.

Rassul contains a huge amount of trace elements that have a therapeutic effect not only on the skin, but also on the body as a whole. This important step brings care to perfection. Wrapping allows the active ingredients of these products to work deep into the tissues, the skin of the body becomes soft and hydrated. Shea Butter deeply nourishes and restores tissue structure.

\* During the wrap, the specialist massages the scalp.

\* Application of gentle moisturizing body milk.

The final stage of care is the application of moisturizing milk to the body, enriched with valuable natural ingredients, natural plant extracts and essential oils.

\* Herbal tea and relaxation

Price	2 hours	23 000 rub
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	hour	rub
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## Imperial hammam on cosmetics LA SULTANE DE SABA

### Ritual steps:

- \* **Water procedures**  
(optional: thermal hammam zone, Finnish sauna, jacuzzi, swimming pool)
- \* **Warming up in the hammam.**  
The hot and humid steam of the hammam relaxes, opens the pores and prepares the skin for the next steps.  
There is a feeling of warmth and bliss.
- \* **Application of black soap with Eucalyptus and Argan oil to the body, followed by steaming in the hammam.**  
This stage is necessary for deep cleansing of the skin and preparation for body peeling.
- \* **Body peeling on a hot stone.**  
For peeling, an individual Kess disposable glove is used. Peeling very effectively and gently cleanses the skin of dead cells and increases its susceptibility to the beneficial properties of the products of subsequent stages.
- \* **Mask-wrapping in Moroccan volcanic clay Rassul with Shea butter.**  
Rassul contains a huge amount of trace elements that have a therapeutic effect not only on the skin, but also on the body as a whole. This important step brings care to perfection. Wrapping allows the active ingredients of these products to work deep into the tissues, the skin of the body becomes soft and hydrated. Shea Butter deeply nourishes and restores tissue structure.
- \* **During the wrap, the specialist massages the scalp.**
- \* **Application on the face of the mask “Ultra-soothing” with Aloe vera La Sultane De Saba.**  
The presence of juicy Aloe Vera in this light gel mask provides comfort and radiance to the skin, enhances its tone, provides an instant ultra-hydrating effect and protects the skin from dehydration.
- \* **Relaxing one-hour massage with warm aromatic body oil.**  
The stage of complete relaxation and rest of the whole body. The choice of one of the intoxicating oriental aromas of massage oil will be offered to you before the start of the ritual.
- \* **Application of gentle moisturizing body milk.**  
The final stage of care is the application of moisturizing milk to the body, enriched with valuable natural ingredients, natural plant extracts and essential oils.
- \* **Herbal tea and relaxation**

Price	3 hours	34 000 rub
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**AESTHETIC COSMETOLOGY**

	min	rub
<b>Aesthetic cosmetology</b>		
Face cleaning	60   90	12 000   17 200
Facial cleansing (addition to facial treatment)	30	6 900
Facial massage	30	8 600
QMS alginate mask (make-up remover, mask, toning, cream)	30	7 500
Soskin alginate mask (make-up remover, mask, toning, cream)	30	7 500
Collagen mask	30	6 300
Carboxy mask	30	8 800
Author's massage (Buccal)	60   90	15 000   17 000
Facial treatment with lymphatic drainage massage	55	17 200
Caring for the skin around the eyes	30	9 600

	min	rub
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<b>La-Cerarl Facial Skin Treatments (Japan)</b>		
“Snow-White Skin” Treatment with Pigmentation Removal Effect	55	17 800
Treatment with Hydrogen Mask	85	24 100
Express “Intensive Moisture” Treatment	30	14 900
 <b>Yokibi Facial Skin Treatments (Japan)</b>		
“Intensive nutrition and recovery” Treatment	85	23 000
“Intensive moisturizing and smoothing complexion” Treatment	85	23 000
 <b>QMS Facial Skin Treatments (Germany)</b>		
Care “Cellular renewal”	85	24 100
Express care “Perfection with gouache massage”	30	14 900
Express care “Lifting and modeling of facial contours”	30	14 900
 <b>Dr Burgener Facial Skin Treatments (Switzerland)</b>		
Luxury face lift with valuable collagen	85	27 500
Intensive restorative luxury care for a face with precious green caviar extract	85	24 100

	min	rub
<b>Therapy PRX-T33</b>		
Therapy PRX-T33 (face)	30	12 500
Therapy PRX-T33 (face, neck)	35	18 500
Therapy PRX-T33 (face, neck, decollete)	30	26 500

## Aesthetic Procedures with ULTRACEUTICALS Products

Procedure "Peeling with lactic acid 30%" (face)	30	10 300
Procedure "Peeling with lactic acid 30%" hands	30	10 300
Procedure "Peeling with lactic acid 30%" (face, neck)	30	12 600
Procedure "Almond peeling 40%" (face)	30	10 300
Procedure "Ultracleaning"	90	12 600

	min	rub
<b>Epilation on Australian wax LYCON</b>		
Face	30	4 600
Full legs	40	7 900
Shins	30	4 700
Hips	30	4 700
Bikini classic	30	5 900
Bikini Hollywood (deep)	60	7 900
Armpit area	15	3 300
Full hands	30	5 200
Arms to elbow	15	3 300
Back (men)	60	10 300
Lips	5	1 300
Chin	5	1 300



**MACHINE COSMETOLOGY**

	min	rub
<b>Hydrafacial Care Procedures</b>		
Deep cleansing and rejuvenation (face, neck, cleavage)	55	16 500
Treatment of problem skin	55	16 500
“Red carpet” (serum to choose from)	85	20 500
Healthy skin of the hands (shoulders or hands)	30	12 500
Back/half back	60   30	22 500   12 500
Express care*	25	7 000

## Intraceuticals Oxygen Treatment

Rejuvenate Essential Care	60	16 000
Opulence Essential Care	60	16 000
Antioxidant Rejuvenation	60	16 000
Peptide Rejuvenation	60	16 000
Retinol Rejuvenation	60	16 000
Vitamin Rejuvenation	60	16 000
Clarity Sensitive Essential Care	60	16 000
Atoxelene Daily Serum (in Addition to any Treatment)		5 800

\*only as a supplement to any exit procedure

	min	rub
<b>Skin Master Plus Ultrasonic Treatment</b>		
Ultrasonic Facial Peel	30	6 800
Moisture Facial Treatment	30	6 800
Microcurrent Facial Treatment	30	6 800
Skin Pigmentation Treatment	20	3 300
Therapeutic Laser	3	2 700
Skin Master Plus Total Facial Care	80	13 600
Moisture Serum (in Addition to any Treatment)	1 pc	3 900

## Bio-Ultimate Gold Microcurrent Treatment

Bio-Ultimate Gold Microcurrent Treatment (face)	30	10 200
Bio-Ultimate Gold Microcurrent Treatment (turbolifting)	60	12 500
Bio-Ultimate Gold Microcurrent Treatment with collagen mask	40	11 300
Biomechanical facial stimulation	30   60   90	9 000   14 200   16 400
Biomechanical facial stimulation with Intraceuticals care	60	24 000

## Photomodulation of the face and decollete area on the LED device

Darsonval	3-5	2 500
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	min	rub
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<b>Fractional needle thermolysis on the device Infini</b>		
The procedure is carried out all year round, regardless of the time of year and temperature.		
Face	30 000	
Face, neck	41 000	
Face, neck, decollete	55 500	
Neck	20 400	
Decollete	24 000	
Body areas		
up to 1 000 steps	21 700	
up to 1 500 steps	31 400	
up to 2 000 steps	39 700	
up to 3 000 steps	50 500	
up to 4 000 steps	55 500	
local zone 5 x 5 cm	3 600	
local zone 10 x 10 cm	7 200	
The back of the neck or scalp	24 100	
Treatment head	7 200	

	min	rub
<h2>Radiofrequency Lifting and Lipolysis with Exilis 360</h2>		
Body Lifting (1 zone)	9 200	
Body Lipolysis (1 zone)	13 800	
Face (1/3) or Neck Lifting	9 200	
Face Lifting	23 100	
Face, Neck, Decollete Lifting	32 300	
Neck, Decollete Lifting	16 100	
<h2>Body Modeling with Emsculpt</h2>		
1 zone	25 500	
1 zone (course of 4 procedures)	91 800	
<h2>Skin Texture Correction with X-Wave</h2>		
7 000 pulses	6 500	
<h2>Pressotherapy</h2>	30   45	5 000   7 500

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	min	rub
<b>Sharm Biomechanical stimulation</b>		
Face Biomechanical stimulation	30	8 700
Face Biomechanical stimulation	60	14 200
Face Biomechanical stimulation	90	16 400



**MEDICAL COSMETOLOGY**

# BARVIKHA

HOTEL & SPA

	min	rub
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Contour Plastic		
Juvederm Ultra 3		42 000
Juvederm Ultra 4		44 100
Juvederm Volift		36 700
Juvederm Ultra Smile		31 500
Art filler Fine lines		31 500
Art filler Universal		37 800
Art filler Volume		43 000
Art filler Lips		37 800
Belotero Soft		26 200
Botulinum Toxins		
Dysport 1 unit		370
Hyperhidrosis (Dysport 300 units)		47 200
Mesobox (biorevitalizant + Dysport 60 units)		36 700
Biorevitalizants		
NCTF 135 HA 3 ml		21 000
Meso Wharton, Meso Xanthin, Princess Rich		33 600
Novakutan Sbio		26 200
Profhilo		42 000
Collagen stimulators		
Spherogel Light eyelids		18 900

# BARVIKHA

HOTEL & SPA

	min	rub
<hr/>		
<b>Polylactic acid</b>		
AestheFill		52 500
NRG 200mg face, neck		47 200
Bmatrix 3ml face + eyelids		21 000
Bmatrix eyelids 1ml		10 500
<b>Face modeling</b>		
Radiesse 3.0ml		63 000
Radiesse 1.5ml		42 000
<b>Lipopolitics</b>		
MesoSculpt C71		29 400
<b>Mesotherapy</b>		
hair loss (Hair X Hydro Line) 2 ml		11 000
acne treatment HairX 2ml		11 000
acne treatment HydroLine 2ml		11 000
<b>Immunotherapy</b>		
Melsmon 1 ampoule		10 600
Melsmon 2 ampoules		18 200
Melsmon course 2 ampoules × 10 procedures		163 200
<b>Plasma therapy</b>		
PRP Regenlab yellow tubes		31 500
PRP Regenlab red tubes		24 500
PRP Regenlab blue tubes		24 500

# BARVIKHA

HOTEL & SPA

	min	rub
Local anesthesia		1 600
Injection anesthesia		1 600
Conduction anesthesia		1 600
Treatment for hypercorrection with hyaluronic acid		1 100
Cannula (1 pc.)		1 100

	min	rub
<b>Fractional Skin Rejuvenation (Pixel 2940)</b>		
Face	60	40 100
Neck	60	24 200
Decollete	60	26 900
Face, Neck and Decollete (complex)	150	67 800
Mouth Area	50	11 800
Eye Contour Area	50	11 800
Forehead	50	11 800
Middle and Lower Face	80	19 300
Hands	60	19 300
Stretch Mark Removal (1 session). One Zone Area is up to 10x1,5 mm	30	4 800
Scar Removal (1 session). One Zone Area is up to 5x1,5 mm	30	4 800
Problem Areas 10x10 mm	30	19 300

	min	rub
<b>Vascular and Skin Pigmentation Disorders Treatment (VP AFT 540 Module)</b>		
Face	30	19 000
Forehead	10	8 100
Middle and Lower Face	20	15 000
Neck	15	13 500
Decollete	20	13 800
Face and Neck	30	23 100
Face, Neck and Decollete (complex)	40	33 400
Hands	10	17 300
Shoulder	15	21 300
Forearm	15	21 300

	min	rub
<b>“2-in-1” Procedure: Vascular and Skin Pigmentation Disorders Treatment (VP AFT 540) Module and Fractional Skin Rejuvenation (Pixel 2 940 Module)</b>		
Face	90	36 300
Neck	60	20 400
Decollete	60	23 100
Face and Neck	120	45 000
Face, Neck and Decollete (complex)	150	63 500
Lower Face	60	13 200
Middle and Lower Face	75	24 700
Hands	50	25 900
Shoulder	40	36 900
Inner Thigh	90	63 500
Other Body Parts (One Zone is up to 1 cm <sup>2</sup> )	-	2 600

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	min	rub
<b>Dilated Capillaries and Vessels Welding (1O64 Module)</b>		
Body Parts (one zone is up to 1 cm <sup>2</sup> )	-	5 100
Nose	10	8 700
Cheek-Bones	15	12 600
Forehead	15	12 600
Decollete	20	13 200

	min	rub
<b>Alma Lasers Soprano Hair Removal Laser</b>		
Face		10 300
Cheekbones		6 100
Upper lip		3 700
Chin		3 700
Auricles		3 700
Temple area		2 500
Lower third of the face		7 600
Neck		7 100
Collar zone		10 300
Neckline (women)		7 700
Back (female)		19 400
Back partially (male)		29 000
Full back (male)		49 800
Chest (male)		12 300
Midline of the abdomen		4 500
Belly (female)		11 600

# BARVIKHA

HOTEL & SPA

	min	rub
Bikini line (women)		10 300
Deep bikini		15 700
Inguinal zone (men's classic bikini)		10 300
Buttock area		15 400
Inner thighs		8 900
Hips		23 200
Shins		20 500
Legs (thighs, shins)		36 000
Foot lift		2 500
Toes		2 500
Fingers		2 500
Hands		5 100
Arms from hands to elbow (female)		11 300
Arms from hands to elbow (male)		15 400
Shoulders		11 300
Arms (hand, forearm, shoulder) (female)		20 500
Arms (hand, forearm, shoulder) (male)		24 600
Armpits		8 900

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**HAIRDRESSING SERVICES,  
MAKEUP, BROWS**

	min	rub
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<b>Hairdressing Services</b>		
Haircut Correction	4 600   5 300   6 100	
Ladies' Haircut (Hair Styling Included)	9 300   11 200   13 200	
Gentlemen's Haircut (Hair Styling Included)	9 300	
Blow-Drying	3 100	
Trim	4 700	
Children's Haircut (under 7 years old)	3 500   4 500   4 700	
Fringe Correction	2 000	
Ladies' Blow Dry	8 200   8 700   9 300	
Gentlemen's Blow Dry	5 300	
Complex gentlemen's hairstyle	10 600	
Children's Blow Dry (under 7 years old)	2 900   3 900   4 900	
Evening Blow Dry	13 100   15 600   18 400	
Complex Blow-Dry	10 000   11 900   13 900	
Beard, Moustache Correction	3 400	
Braiding	6 600	
Hair Wash	2 500	

	min	rub
<b>Hair Dying</b>		short   medium   long hair
Coloring (tone on tone)	13 200	13 800   15 400
Coloring (complex)	14 300	16 200   18 000
Coloring (roots)	10 800	12 200   13 500
Toning	11 600	12 900   14 700
Highlighting	12 200	13 900   15 200
Decapitation (color removal)	4 600	5 200   6 300
Preparing for coloring	6 200	6 500   7 200
<b>Hair Treatment</b>		
ORIBE Treatment "Gold Lust"	9 300	10 400   11 000
Sarina Key Treatment	10 900	11 500   12 000
La Biosthetique Treatment "Hydration and Nutrition"	10 900	11 500   12 000
Oil wrap La Biosthetique	10 900	11 500   12 000
Peeling "Health of the scalp"	15	3 900
Ampoules La Biosthetique based on silk		4 100
Ampoule for hair strengthening La Biosthetique		4 100
Ampoule of Ales Kydra		3 600
Kydra Jelly Gloss Gloss Gel "Blex & Care"		2 800

	min	rub
<b>Makeup</b>		
Makeup Express/Natural/Natural/Light		6 900
Day makeup		9 200
Evening make-up		13 200
Wedding make-up		25 000
Eyelashes for makeup (bundles)		2 600
Applying Air-Brush Foundation		4 300
Makeup master class (2 hours)		23 000

## Eyebrows and eyelashes

Eyebrow correction (tweezers)	20	3 300
Eyebrow coloring (dye)	20	2 500
Eyelash coloring (dye)	20	2 700
Removing eyelash extensions	20	2 600
Eyelash extension	120	11 500
Eyelash extension correction	60	6 000



**MANICURE AND PEDICURE**

	min		rub
<b>Hand-Care Treatments with La Ric and Jessica Products</b>			
		Specialist	Senior Specialist
Manicure Lux	60	5 800	7 400
La Ric Pearl Manicure with Pearl Extract	90	—	8 600
La Ric Luxury Manicure	90	9 200	10 300
Jessica Nail Polish	15	1 700	2 000
French Nail Polish	25	2 300	3 400
Londontown Nail Polish	15	2 300	2 600
Medical Nail Polish	10	1 700	1 700
Gentlemen's Manicure	60	5 800	7 400
La Ric Homme Manicure	90	9 200	10 300
La Ric Homme Manicure «Louis XIII»	90	—	21 200
La Ric Hand Spa Treatment (Aroma Bath, Scrub, Mask, Liquid Glove)	40	4 600	5 100
La Ric Hand Scrub	10	2 000	2 300

# BARVIKHA

## HOTEL & SPA

	min	rub	
		Specialist	Senior Specialist
Nail Buffing	10	1 100	1 300
Nail Shaping	15	1 700	2 300
Gel Polish	30	3 300	—
French Gel Polish	30	4 300	—
Removal	20	1 400	—
Polygel Gel Nail Restoration (1 item)	30	1 700	—
Glue Nail Repair (1 item)	10	—	1 700
Nail Plate Strengthening (gel)	30	2 800	—
Nail Design (1 nail)	10	1 700	—
Nail extensions (gel/Polygel)	15	14 900	—

		min		rub
			Specialist	Senior Specialist
Pedicure Lux		90	8 400	11 500
Smart pedicure		90	9 500	—
Smart 2.0 pedicure		90	11 500	—
Luxury spa Smarticure		90	13 500	—
Medical Pedicure (treatment of hyperkeratosis or ingrown nail removal)		120	13 500	16 500
La Ric Pearl Pedicure with Pearl Extract		90	—	12 600
La Ric Luxury Pedicure		90	11 500	13 500
La Ric Homme Pedicure		90	11 500	14 900
La Ric Homme Pedicure «Louis XIII»		90	—	28 000
Foot Spa Treatment La Ric (Aroma Bath, Scrub, Mask and Liquid Glove)		40	4 600	5 700
Ingrown Nail Removal			1 700	2 300
Titanium Thread		20	4 600	—
Fraiser wire		90	9 700	—
La Ric Foot Scrab		10	2 000	2 300

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All prices are quoted in Rubles, including VAT 22%.